

Purcell Mountain Bike School's

Spin Classes Return With a Longer Season!

COACHES: Becca Wright and Joanne Bragg

WHERE: DTSS Cafeteria

WHEN: Tuesday and Thursday evenings

Starting: Tues. Nov 3, 2009

Ending: Thurs. April 29, 2010

Times: Tues and Thurs 7:00-8:15 pm

(arrive early to set up please)



PROGRAM OPTIONS (cash/cheque only):

FULL ACCESS - All 40 classes over 20 weeks
\$240 (non-transferrable)

20 PASS - Any 20 classes over 20 weeks
\$160 (non-transferrable)

10 PASS - Any 10 classes over 20 weeks
\$100 (transferrable-can share)

DROP IN - As you like over 20 weeks \$12 per class

REQUIRED EQUIPMENT: bike with slick rear tire, H₂O, mag/fluid trainer, riser for front tire (available through Rob's Bicycle Works)

CONTACT: 250-341-1346 bike_school@hotmail.com